Treatment:

A power control unit of type CelonLab ENT was used in combination with an RF applicator of type CelonProSleep. The RF applicator of type CelonProSleep plus can also be used for this purpose.

The positions of the four puncture positions are shown in Fig. 2. A power setting of 12 watts was used for the coagulations. However, in case of a very thick soft palate, the power can be reduced to 10 watts.

The electrode was introduced four times into the palate as indicated by the arrows in Fig. 2 until the tube of the electrode shaft contacted the tissue. Additional puncturing is possible (e.g. 3 x median, 2 x lateral each), depending on the anatomical findings. The power was activated until the control unit acoustically indicated the end of energy application.

Therapeutic effect:

The coagulations lead to a tightening of the soft palate by the formation of scar tissue in the process of 4-6 weeks after the treatment. A second session may improve the result in most cases.

In case of strong webbing or a long uvula, an additional treatment of the uvula (uvuloplasty) may prove necessary.