Anesthesia and Medication:

One tablet (50 mg) Diclofenac was administered as peri-operative pain reduction and decongestion. If a patient had a strong gag reflex Lidocaine spray or Benzocaine gel was applied on the soft palate for the reduction of the gag reflex. For the local anesthesia of the soft palate, 0.5 ml Lidocaine 2% with Adrenalin was injected into each of the positions (A) directly beneath the border between hard and soft palate (see Fig. 1). After 3 to 5 minutes, 0.5 ml was injected in each of the positions (B) above the palatal arcs (see Fig. 1). If required by the patient, for post-operative pain reduction and decongestion, 1-2 tablets (50 mg) Diclofenac during the day and 1 suppository (100 mg) Diclofenac during the night was administered for 1-2 days.

Fig.1 麻醉的注射箇所

Fig.2 高さの測定箇所